


PERSONAL INFORMATION

Henrik Sanne Hjortland

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PERSONAL STATEMENT

I am 17 years old, I am a student and I am in the second year of high school. During free time I am playing and watching football. Sometimes I am also listening to music. I am also playing videogames with my friends.

EDUCATION AND TRAINING

09/11/2017–19/11/2017

Erasmus+ learning/teaching/training activities

Gymnasium of Platykampos, Larissa (Greece)

education on human rights and how the European union has accepted and dealt with the refugee issue.

Foreign language skills, communication skills and ICT.

PERSONAL SKILLS

Mother tongue(s) Norwegian (Bokmal)

Other language(s)

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	C2	C2	C2	C2	C2

Levels: A1 and A2: Basic user - B1 and B2: Independent user - C1 and C2: Proficient user
Common European Framework of Reference for Languages

Communication skills

I have good communication skills as a constant participant in many actions as in environment projects, volentury works. I also enjoy working as a team member.

Digital skills

SELF-ASSESSMENT				
Information processing	Communication	Content creation	Safety	Problem solving
Independent user	Basic user	Basic user	Independent user	Basic user

Digital skills - Self-assessment grid